



3RD INTERNATIONAL
Cancer Control Congress



A PROPOSAL FOR BREAST CANCER PREVENTION IN THE SHANTYTOWNS OF NAIROBI (KENYA)

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Where
is
Nairobi?



Background

Data from the *Nairobi Cancer Registry* and *verbal report from physicians* indicate that

- Cancer incidence is increasing in Kenya*
- Cancer now numbers among the top 10 causes of mortality*

* www.asco.org



Breast Cancer is the *most common* neoplasm in women

Lack of information or misinformation on breast cancer
among Kenyan women

Background



■ The Kenya Breast Health Programme (KBHP) was founded in 1999 by the Late Julia Mulaha, a Breast Cancer Survivor, in order to fight myths, misinformation, lack of information and statistics about Breast Cancer

■ It is a national non-profit programme inspired and driven by the message in Hosea 4:6 “*My people are perishing because of lack of knowledge.*”

Background



Breast Cancer

is the *most common* neoplasm in women

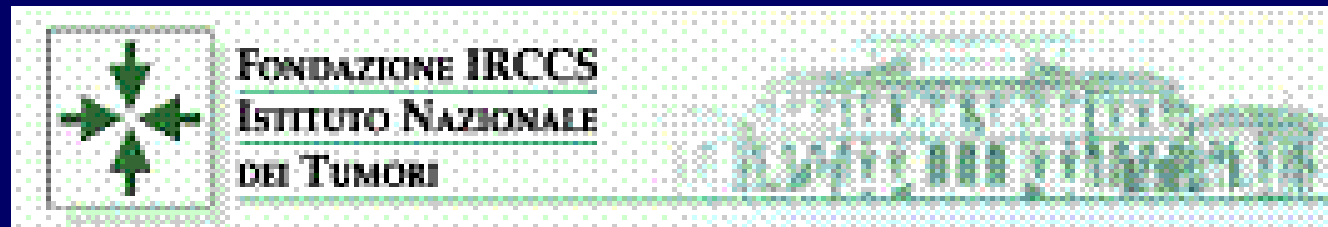
- Advanced stage at diagnosis
- Cost of treatment is high
- Chances of survival limited

In Nairobi about 500.000 women

- Cannot access to hospital for diagnosis and treatment
- Could not be detected by the Nairobi Cancer Registry (NCR)

Proposal

Collaboration between the **Istituto Nazionale dei Tumori** of Milan and the **World Friends NGO** operating in Nairobi



Department of Preventive and Predictive Medicine
Analytical Epidemiology Unit



www.world-friends.org

- Aims:**
- To improve the quality of life
 - To promote the right to health in the most marginalized areas of Nairobi
 - To increase access to essential preventive and diagnostic services
 - To improve the maternal, child and adolescent health status

Proposal

Breast Cancer prevention programme
addressed to scholars attending the school shantytowns of Nairobi:



Baba Dogo
Korogocho
Kariobangi
Soweto
Kahawa

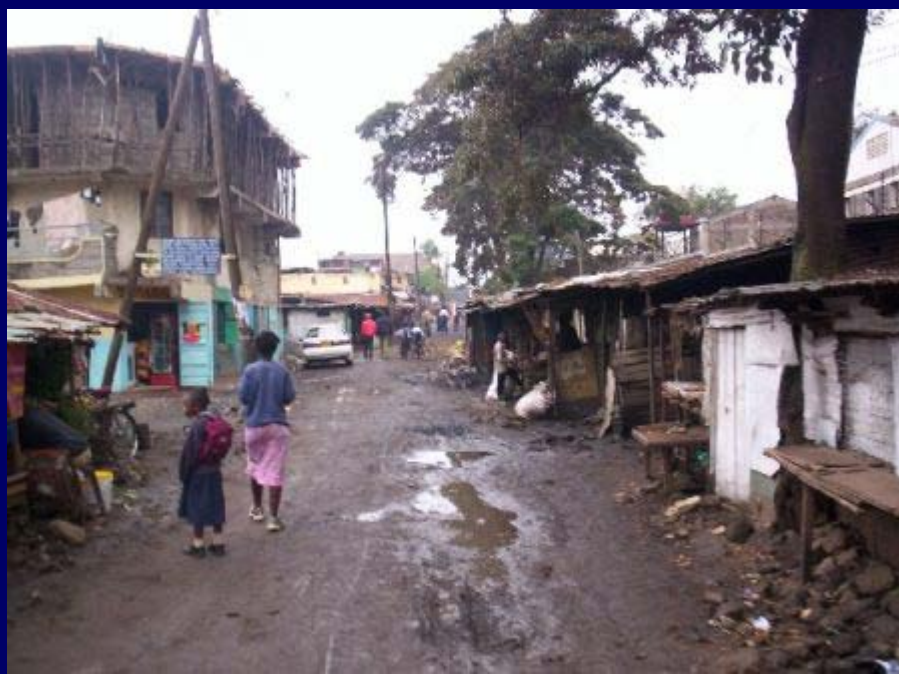
A safe-motherhood programme is ongoing and students are already inclined to public health notions

Programme

- Initial survey to describe the starting knowledge
- Several seminars on breast cancer prevention

Final survey to evaluate the programme

Initiatives to support the creation of diagnostic-therapeutic centres within the reach of less affluent women



Initial and final survey



Target:

- 🇰🇪 Young women attending schools
- 🇰🇪 Their teachers
- 🇰🇪 Their mothers

Data collection:

- 🇰🇪 English questionnaire for the scholars
- 🇰🇪 Questionnaire translated in Kiswahili, with explicative pictures, for their mothers



Seminars on breast cancer prevention

- Basic disease description
- Definition of “prevention”
- Self-examination



- Importance of breast-feeding
- Essential information on healthy nutritional behaviour

If someone is interested
in **supporting** (\$,€,....)

and/or

colloborating to this study,

please contact:

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Asante

Thanks

nati nel posto giusto

world friends



Per molti l'Africa non è il posto giusto dove nascere, le mamme partoriscono in condizioni inadeguate e i bambini hanno il futuro segnato.

Aiuta World Friends a costruire il Reparto Maternità del Neema Hospital. Aiuta i bambini di Nairobi a nascere nel posto giusto!

Samuel
NAIROBI - KENYA



www.world-friends.org

ONLINE donations

through

Bank Transfer

dal 28 ottobre al 16 novembre

Invia un SMS al

48586

per donare 1 Euro
da cellulari personali



o chiama da
telefono fisso  TELECOM
per donare 2 Euro

www.world-friends.it

